
ST. ANDREW'S CHARITABLE FOUNDATION

ANNUAL REPORT

JUNE 2018

—
MAY 2019

SERVING SENIORS IN NEED





OUR MISSION

To improve the quality of life for seniors-in-need through reliable and compassionate care.

WHO WE ARE

St. Andrew's Charitable Foundation is part of St. Andrew's Resources for Seniors System, a faith-based, non-sectarian, non-profit dedicated to building a society in which older adults are respected and whose needs for a secure and productive life are fulfilled. St. Andrew's has a legacy of meeting the needs of the aging population in the St. Louis area. We focus on enhancing the lives of each older adult by providing a full range of well-being services and secure living environments to older adults over the age of 65.

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DEAR FRIENDS,

Imagine being in your eighties, no longer able to drive, with no family or friends to help and a fixed income that barely covers your everyday essentials. Now add to that declining mobility, isolation and an inability to connect with community resources for help. It paints a grim picture of the, not so golden, golden years.

THIS IS WHY THE MISSION OF ST. ANDREW'S CHARITABLE FOUNDATION IS SO IMPORTANT.

Last fiscal year, St. Andrew's Charitable Foundation provided help and hope to more than 1,500 low-income seniors so they could remain living safely, independently and healthy in their homes. With your generous support, many wonderful milestones were achieved:

- A second Homer Schmitz Memorial Health Clinic was opened. The new clinic, located at the Zion Corner/Sammie E. Jones subsidized housing community, provides on-site healthcare services by a registered nurse at no cost to residents. The clinic strives to reduce the utilization of 911 calls and readmission after hospitalizations.
- The Safe Home for Seniors program recognized that many seniors not only required minor home repair to keep their residence safe, but also required assistance with walking. The program now offers rollator walkers to those seniors with an unsteady gait who need a place to sit frequently or help carrying oxygen tanks or other necessities.
- In Missouri, as many as one in eight seniors are struggling with day-to-day food insecurity. That's when a person can't safely access healthy food due to cost, lack of transportation or other factors. St. Andrew's qualified more than 600 seniors last year to receive healthy home-delivered meals.

All of this good work, and so much more, could not have been accomplished without the kind and generous support of our donors. Together, we are creating a better life for low-income seniors in our community.

SINCERELY,



LEO H. MACDONALD, JR.
Chairman of the Board



LINDA SANDERS, CFRE
Chief Development Officer

A BETTER LIFE FOR SENIORS STARTS WITH **SAFETY,** **INDEPENDENCE** AND **SUPPORT.**

The seniors we serve are 65 and older and live on approximately \$1,200 a month. These seniors struggle to afford food, medications, mortgage or rent, home repairs and medical care and cannot afford to live in a senior or nursing care community. Many of these seniors have little to no family resources, and most are living on their own.

SAFE HOME FOR SENIORS

CIRCLE OF CARE

HOMER SCHMITZ MEMORIAL HEALTH CLINIC

BENEVOLENT CARE FUND

DIRECT SERVICES TO SENIORS

From June 1, 2018, to May 31, 2019, 1,500 seniors were served through St. Andrew's Charitable Foundation. Our services give seniors the opportunity to remain living safely, independently and healthy in their homes. Because of the generosity of our donors, our services are provided at no cost to the recipient.

25%

21%

30%

24%





AS WE GROW OLDER, THE NEEDS IN OUR HOME CHANGE.

FALLS ARE ONE OF THE LEADING CAUSES OF INJURY AND MORTALITY IN THE ELDER POPULATION.

A simple fall has the potential to lead to a severe and permanent injury that could end a senior’s ability to live independently. Fortunately, there is hope for these seniors in need.

“Our safety specialist was able to add tub rails in the bathroom, repair floor tile in multiple rooms, complete a vinyl tile tub for bathing, add door seals and exterior handrails in the front of the home. Anxiety was eased and risk of falling was substantially reduced.”

The Safe Home for Seniors Program makes a senior’s home safer and more accessible by reducing risk of falls, preventing accidents and increasing independence. The services provided at no cost to low-income seniors include, but are not limited to installation of safety lights, outdoor railings, locks for doors, ramps for wheelchairs and new doors and windows; repairs for plumbing, flooring, AC and heating units; providing rollator walkers and raised toilet seats.

1 IN 4
Americans aged 65+ falls each year

Every **11 SECONDS** an older adult is treated in the emergency room for a fall

Every **19 MINUTES** an older adult dies from a fall

48% of falls in Missouri that cause injury to older adults occur in the home

339 HOURS OF SERVICE WERE PROVIDED THROUGH THE SAFE HOME FOR SENIORS PROGRAM

The #1 requested home repair is the installation of grab bars in the bathroom.

Source: U.S. Centers for Disease Control and Prevention and Missouri MICA

WE WANT TO CONTINUE TO STAY IN A PLACE OF CONNECTION.

SENIORS NEED A VARIETY OF AT-HOME RESOURCES AND SERVICES.

Our Circle of Care program allows seniors the ability to live safely, healthy and independently in their own homes. St. Andrew's strives to increase each senior's quality of life by providing companionship and necessary services to assure all their needs are met.

“The simple task of grocery shopping had become an insurmountable problem for [Michelle]. Through our program, she receives twice-weekly housekeeping and trips to the grocery store. She told her caregiver that this was truly an answer to her prayers.”

We conduct an in-home care assessment to determine the resources and services each person needs. A Care Plan is carefully developed providing services such as housekeeping, laundry, meal planning and preparation, shopping, errands, bathing, dressing, grooming and medication management.

Aging alone can be scary. Circle of Care is changing lives, ensuring that no senior has to go through it on their own.

ST. ANDREW'S PROVIDED OVER
2,000 HOURS OF
CARE TO SENIORS THROUGH
CIRCLE OF CARE

12%
of Missouri seniors did
not have consistent
access to food in 2015

Approximately
170,000
older Missourians suffer
from food insecurity

Source: Missouri Department of Health and Senior Services





WE WANT CONVENIENT ACCESS TO HEALTHCARE

PROVIDING ACCESS TO A MEDICAL PROVIDER WITHOUT LEAVING THE FACILITY OR FACING TRANSPORTATION OBSTACLES.

Homer Schmitz Memorial Health Clinics are found in two St. Andrew's operated subsidized housing communities, St. Andrew's of Jennings and Zion Corner/Sammie E. Jones. These clinics provide on-site, walk-in healthcare services to all residents of these communities at no cost. Residents have easy access to a registered nurse without the obstacles of finding reliable transportation or affording the cost of a physician visit.

“The key factor in the success of the program is the relationship the nurse builds with the residents. Trust is built, which results in residents engaging with medical providers and implementing their suggestions.”

The clinic represents a unique partnership with Deaconess Faith Community Nurses. A Faith Community Nurse is available five days per week to monitor blood pressure, blood sugar, breathing and manage medications. The nurse also helps to manage a resident's chronic illness, works to reduce the utilization of 911 calls and monitors the resident after a hospital stay to avoid re-hospitalization.

RESIDENT VISITS TO
THE HOMER SCHMITZ
MEMORIAL HEALTH
CLINICS LED TO A

33%
REDUCTION
IN ER VISITS

NEARLY

1 IN 5

Americans ages 65+

DID NOT visit a doctor when they
had a medical problem

DID NOT fill out a prescription

SKIPPED a medical test or treatment
recommended by a doctor

SKIPPED doses of their medicine
because of cost constraints.

Source: Pew Research Center

WE WANT TO KNOW WE ARE CARED FOR FINANCIALLY

ST. ANDREW'S PROVIDES FINANCIAL ASSISTANCE TO BRIDGE THE GAP.

When seniors and their families are faced with the reality of a move from the place that they have always called home to a senior living community, St. Andrew's does everything possible to ensure dignity, safety, new friendships, renewed personal meaning and a sense of vitality. Sadly, the rising cost of healthcare makes it difficult for some seniors to remain in their senior living community receiving the level of care they need. Many simply outlive their resources and have very few places to go for help.

"At 92, I just don't have the funds to stay at St. Andrew's anymore. What a blessing to know that because of this fund, I don't have to leave the place I've called home for so many years. I can rest easy."

St. Andrew's Charitable Foundation ensures that financially struggling St. Andrew's residents won't have to say goodbye to their friends, their community – their home. Instead, we provide financial assistance to bridge the gap so that they may enjoy their remaining time with peace of mind and comfort.

IN THE U.S., 65-YEAR-OLDS HAVE ENOUGH SAVINGS TO COVER JUST 9.7 YEARS OF RETIREMENT INCOME

Leaving the average American with a gap of 8.3 years for men, and 10.9 years for women.

Source: World Economic Forum

ST. ANDREW'S SPENDS NEARLY

\$300,000

ANNUALLY TO ENSURE FINANCIALLY STRUGGLING RESIDENTS CAN REMAIN IN THEIR ST. ANDREW'S HOME



WE NEED YOUR SUPPORT



OVER

\$600,000

WAS RAISED AT THE GALA



P12





AGELESS REMARKABLE SAINT LOUISIANS GALA

The 16th Annual Ageless Remarkable Saint Louisians Gala was held on Saturday, October 20th, 2018, at the Hyatt Regency St. Louis at the Arch. The gala honored the outstanding lifetime achievements of 14 inspirational individuals, 75 years or better, actively making a difference in our community through work, philanthropy, volunteerism and leadership.

The evening was helmed by gala Co-Chairs, Laura McBride and Karen Shaughnessy and raised over \$600,000 to improve the quality of life for seniors-in-need through reliable and compassionate care.

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READY YOUR SWING FOR SPRING!

On May 20th, at TopGolf, over 200 people participated in our first Ready your Swing for Spring golf tournament to benefit seniors in need. Thanks to all of our wonderful sponsors and golfers, we raised more than \$50,000 so that low-income seniors can live safely, healthy and independently in their home.

A sincere and heartfelt 'thank you' to our Co-Chairs, Terry and Jim Coleman, for their strong commitment and support of the tournament.

Our utmost gratitude and sincerest appreciation to our Sponsors for their generous and continued support.

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OUR GOLF TOURNAMENT
RAISED MORE THAN
\$50,000
+
CELEBRATE SUMMER
RAISED MORE THAN
\$40,000
FOR SENIORS IN NEED



CELEBRATE SUMMER

St. Andrew's Charitable Foundation ensures that financially struggling St. Andrew's residents won't have to say goodbye to their friends, their community – their home. Instead, we provide financial assistance through the Benevolent Care Fund to bridge the gap so that they may enjoy their remaining time with peace of mind and comfort.

On May 31, 2019, nearly 140 guests gathered at The Willows for Celebrate Summer to raise funds for seniors-in-need at Brooking Park. Friends and family gathered on the patio to enjoy BBQ, a silent auction and FUN! Over \$40,000 was raised.

OUR OUTSTANDING EVENT COMMITTEE

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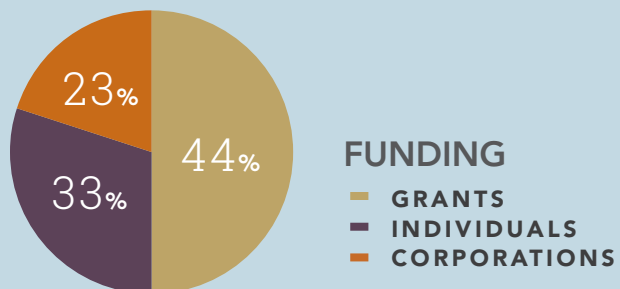
Ashley Rabbermann

FINANCIAL YEAR IN REVIEW

St. Andrew's Charitable Foundation relies on generous supporters to champion the cause of seniors-in-need. From June 2018 through May 2019 over \$2.9 million dollars was raised to support our charitable programs, from individuals, corporations, grants and foundations. Our donors are appreciated for their continued support. With your help, we can improve the quality of life for seniors-in-need through reliable and compassionate care.

1210 TOTAL DONORS

308 FIRST-TIME DONORS



\$100,000 and Above

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\$50,000 – \$99,999

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Karen and James Shaughnessy
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Patricia and Michael Stokes
Alison and Thomas Talbot
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Olivia Waidmann
Joan and Calvin Yeckel
Joe Yeckel

George Paradissis

Sue Bahle
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Wayne Pennington

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Raymond Robinson

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Dr. John A. Stephens

Mariann and Frank Baker

Carol Jean Stookey

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Mariann and Frank Baker
Barbara and John Bowser
Estelle Garden
Juanita Hartwig
Deanna and Paul Nelson
Elaine Ramsay
Don Stookey
Patricia Wiltse

Don Swoboda

Sue Bahle

Jane Towater

Sally Lefler

Norm Volle

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Helen Wagner

Stephen Wagner

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